

PATIENT NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

ALLERGIES: \_\_\_\_\_

**Cognition** **Low-Dose Naltrexone capsules**

□ 0.5 mg □ 1.5 mg □ 3 mg □ 4.5 mg □ Other: \_\_\_\_\_ mg

Qty: □ 30 □ 60 Refills: \_\_\_\_\_

SIG: Take 1 capsule by mouth nightly at bedtime. Titrate every 1–2 weeks as tolerated.

**Sexual Dysfunction** **Tadalafil 7.5 mg + Sildenafil 40 mg capsules**

Qty: □ 30 □ 60 □ 90 Refills: \_\_\_\_\_

SIG: Take 1-2 capsule(s) by mouth as needed for sexual activity. Do not exceed 2 capsules in 24 hours.

 **Sildenafil 2%/Nifedipine 0.2%/Arginine 6%**

Qty: □ 30g □ 60g Refills: \_\_\_\_\_

SIG: Apply 0.25-0.5ML to clitoris 30 minutes prior to sexual activity. Gently massage in and wash hands after usage

**Nausea** **Promethazine Topical PLO 25 mg/0.5 mL**

Qty: □ 5mL □ 10 mL Refills: \_\_\_\_\_

SIG: Apply pea-sized amount to inner wrist or forearm every 6 hours as needed for nausea.

**Hair Loss** **Minoxidil 10% + Finasteride 0.1% Atrevis Hydrogel (Extended BUD)**

Qty: □ 60g □ 120g Refills: \_\_\_\_\_

SIG: Apply to affected scalp once daily at bedtime, place a hair net or cap on and leave overnight wash in the morning. Wash hands after use.

**Chronic Rhinosinusitis** **Budesonide capsule 0.5 mg (sinus rinse)**

□ Sinus rinse bottle (default) □ Nasal Nebulizer

Qty: □ 60 ea □ 180 ea Refills: \_\_\_\_\_

SIG: Empty one capsule into device and rinse nasally twice a day as directed

**Pain/Inflammation** **Gabapentin 4% + Ketoprofen 2% + Lidocaine 2% cream**

Qty: □ 60g □ 120g □ 240g □ \_\_\_\_\_g Refills: \_\_\_\_\_

SIG: Apply 2-4 grams topically to affected area up to four times per day as needed for pain

**Postherpetic Neuralgia** **Gabapentin 6% + Lidocaine 4% + Acyclovir 5%**

Qty: □ 30g □ 60g Refills: \_\_\_\_\_

SIG: Apply thin layer to affected area TID; do not apply to broken skin.

**Hemorrhoids/Fissure** **Nifedipine 0.2% + Lidocaine 4% ointment**

Qty: □ 30g □ 60g Refills: \_\_\_\_\_

\_\_\_\_\_ **Rectal Rockets** (external and internal hemorrhoids) BID

SIG: Apply a pea-sized amount (approx. 0.2–0.5 g) to the anal canal twice daily. May also apply a thin layer externally as needed for pain.

 **Nitroglycerin 0.4% + Lidocaine 1% ointment**

Qty: □ 30g □ 60g Refills: \_\_\_\_\_

SIG: Apply a pea-sized amount (0.2–0.5 g) inside the anal canal twice daily for 6–8 weeks or as directed.

**Hormone Replacement** **Progesterone oral capsules**

□ 100 mg □ 150 mg □ 200 mg

Qty: □ 30 □ 90 Refills: \_\_\_\_\_

SIG: Take 1 capsule by mouth once daily

 **Estradiol capsule**

□ 1.5 mg □ 2 mg □ 2.5 mg

Qty: □ 30 □ 90 Refills: \_\_\_\_\_

SIG: Take 1 capsule by mouth once daily

 **DHEA 10 mg capsule**

Qty: □ 30 □ 90 Refills: \_\_\_\_\_ SIG: Take 1 capsule by mouth once daily

 **Transdermal cream**

□ Estriol 80: \_\_\_\_\_mg/gm Prog \_\_\_\_\_mg/gm \_\_\_\_\_mg/gm

□ Estradiol 20: \_\_\_\_\_mg/gm Prog \_\_\_\_\_mg/gm \_\_\_\_\_mg/gm

□ Estradiol 60: \_\_\_\_\_mg/gm Prog \_\_\_\_\_mg/gm \_\_\_\_\_mg/gm

□ Estradiol 40: \_\_\_\_\_mg/gm Prog \_\_\_\_\_mg/gm \_\_\_\_\_mg/gm

□ Estradiol 50: \_\_\_\_\_mg/gm Prog \_\_\_\_\_mg/gm \_\_\_\_\_mg/gm

Sig: Apply \_\_\_\_\_ clicks topically to skin once per day

(4 clicks=1 gram)

Qty: □ 30 days □ 90 days Refills: \_\_\_\_\_

□ 2% □ 5% □ 10% □ 20%

Qty: □ 30 days □ 90 days Refills: \_\_\_\_\_

Sig: Apply \_\_\_\_\_ clicks topically to skin once per day

(4 clicks=1 gram)

PRESCRIBER NAME: \_\_\_\_\_ NPI: \_\_\_\_\_ DEA: \_\_\_\_\_

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PRESCRIBER SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_