

PATIENT NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

ALLERGIES: \_\_\_\_\_

### Cognition

- Methylene Blue Capsules** Refills: \_\_\_\_\_  
 10 mg  15 mg  30 mg  Other: \_\_\_\_\_ mg  
Qty:  1 month  2 month  3 month Refills: \_\_\_\_\_  
SIG:  Once daily  Twice daily
- NAD+ Capsules**  
 250 mg  500 mg Refills: \_\_\_\_\_  
Qty:  1 month  2 month  3 month  
SIG: Take one capsule by mouth once daily
- Low-Dose Naltrexone capsules**  
 0.5 mg  1.5 mg  3 mg  4.5 mg  Other: \_\_\_\_\_ mg  
Qty:  30  60 Refills: \_\_\_\_\_  
SIG: Take 1 capsule by mouth nightly at bedtime. Titrate every 1–2 weeks as tolerated.
- NAD<sup>+</sup> 50 mg + Methylcobalamin 2mg troche**  
Qty:  1 month  2 month  3 month Refills: \_\_\_\_\_  
SIG: Take 1 troche by mouth every morning

### Oral GLP Treatment

- Semaglutide 18 mg/mL** Refills: \_\_\_\_\_  
 6 mg  9 mg  12 mg  
Qty:  1 month  2 month  3 month  
SIG: \_\_\_\_\_ mL under the tongue once daily as directed

### Low Dose GLP-1 + Cognition

- Semaglutide 6.10 mg + NAD<sup>+</sup> 50 mg/mL**  
Qty:  1 month  2 month  3 month Refills: \_\_\_\_\_  
SIG: \_\_\_\_\_ mL under the tongue once daily as directed
- Semaglutide 6.10 mg + NAD<sup>+</sup> 100 mg/mL**  
Qty:  1 month  2 month  3 month Refills: \_\_\_\_\_  
SIG: \_\_\_\_\_ mL under the tongue once daily as directed
- Semaglutide 6.10 mg + NAD<sup>+</sup> 100 mg + Methylcobalamin 2 mg/mL**  
Qty:  1 month  2 month  3 month Refills: \_\_\_\_\_  
SIG: \_\_\_\_\_ mL under the tongue once daily as directed

### Face Cream

- Alpha Lipoic Acid 3% + Estriol 0.3% Cream**  
DMAE/Sodium Hyaluronate Topical Cream  
(Biopeptide Biocosmetic™)  Add Methylene Blue 0.000064%  
Qty:  30 gm  60 gm  \_\_\_\_\_ gm  
SIG: Apply a thin layer to clean, dry skin of the face and neck once nightly. Avoid the eye(s)

### ED

- Tadalafil Troches**  
 18 mg  22 mg  Other: \_\_\_\_\_ mg  
Qty:  #15  #30  #90 Refills: \_\_\_\_\_  
SIG: Dissolve one troche on tongue as needed prior to SA
- Sildenafil Troches**  
 37.5 mg  75 mg  Other: \_\_\_\_\_ mg  
Qty:  #15  #30  #90 Refills: \_\_\_\_\_  
SIG: Dissolve one troche on tongue as needed prior to SA

### GH Optimization

- Sermorelin 1 mg/mL** Refills: \_\_\_\_\_  
 Take 0.2 mL sublingual once daily as directed  
 Take 0.5 mL sublingual once daily as directed  
 Take 1.0 mL sublingual once daily as directed.

PRESCRIBER NAME: \_\_\_\_\_ NPI: \_\_\_\_\_ DEA: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_ FAX: \_\_\_\_\_ SUPERVISING: \_\_\_\_\_

PRESCRIBER SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_